

Name	
Address	
Email Address	
Size	\$25.00 5k Registration with T-shirt (local pick up October 3 in Durand details below)
	\$25 .00 5K Registration with Bandanna (local pick up October in Durand options are regular/ dog bandanna or baby bib/cat)
	+ \$7.00 shipping of T-shirt or Bandanna

## Mail registration to: Durand Swim Club E7274 160th Ave Mondovi, WI 54755 Registration is due October 3, 2020

Stay strong and active during physical distancing with this fun challenge for all ages and abilities! Whether you are walking, running, biking, rollerblading, or using a treadmill we challenge you to complete a 5K (3.107 miles) by October 24! Starting October participants can pick up their t-shirts or bandannas at the drive through local kick off event at the pool parking lot in Durand October 3 from 10AM–noon. Track your activity through October and support the Durand Swim Club building fund to renovate the Tarrent Park Pool ! Not local? That's ok! We can mail you your t-shirt or bandanna for an additional \$7. Make sure to indicate you would like it mailed during registration.

You must register online or by mail and pay the \$25 registration fee to participate and receive your t-shirt or bandanna. Log sheets are available to download when you register. Please email photos and fun to <u>sosdurandpool@gmail.com</u> when you have completed and or exceeded your 5K! Race certificates of completion will be emailed to all participants. If you don't want to participate but I want to make a donation or sponsor someone we would love that too! Donations can be mailed to Durand Swim Club PO Box 95 Durand, WI 54736

Thank you!

